



ABOVE: *Living room chic, Scandinavian style*

# SUBLIME MAKEOVER HOME EDITION

Autumn may be in the air, but now is as good a time as any to renovate, refresh, and renew your home. *Signature* has selected four key focus areas to give your abode a new lease on life.



Whether you're going for an extreme reboot of your home, or planning to rejuvenate key areas, these *must-do* make-overs should be at the top of your list.

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## MAKE ROOM FOR LIVING

The kitchen may be the heart of your home, but the living room is its soul. As the busiest space in your home, and the area where guests will spend most of their time, you want your space to be functional yet fashionable.

Spruce it up with a fresh coat of paint, or add simple, light finishes such as new carpets, blinds or curtains to match. Your old sofa also doesn't need to be outdated anymore. By adding new cushions, or an elegant throw blanket in a neutral shade, you can give your living room a Scandinavian feel that is both contemporary and practical.

Keep things minimal by only having essential items or valued ornaments in this space. Unnecessary clutter not only adds stress to your environment, but only having things around that you truly

enjoy, gives more time for spending with the people that you love.

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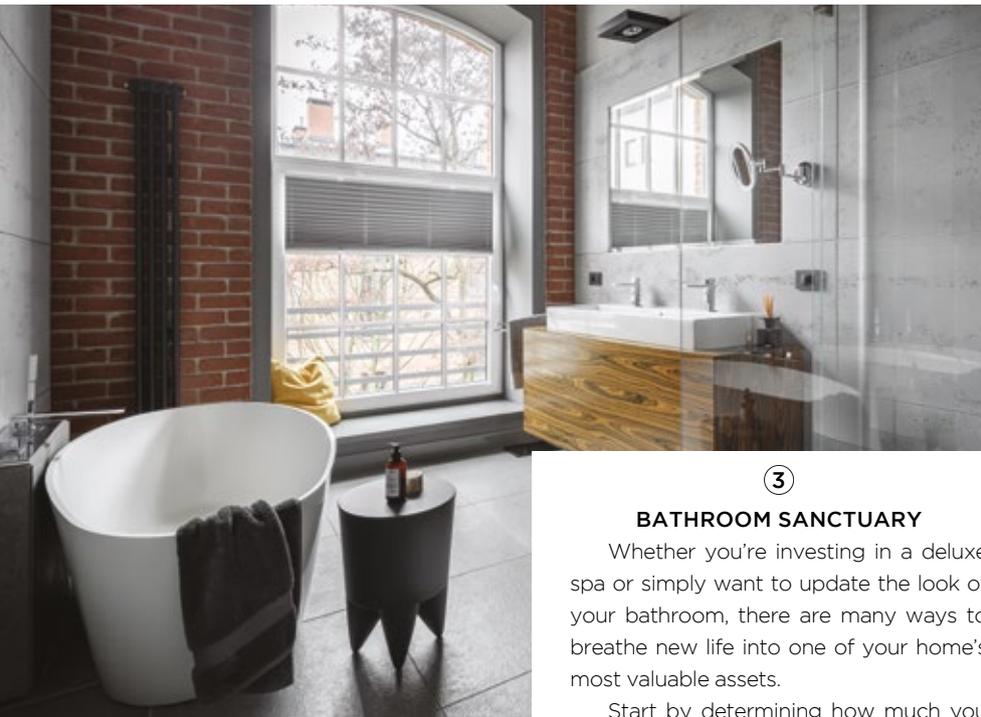
## FALL IN LOVE WITH FOOD

Our best advice for creating a kitchen are where you can fall in love with food (and the space you have to prepare it in), is to avoid a kitchen identity crisis.

All homes, however humble, are built in a certain architectural style. Work with it, not against it. You'll be spending too much money and time on a complete overhaul, only to end up with a kitchen that looks like it belongs in someone else's home.

Also, if planning a major remodel, avoid moving plumbing if possible, and keep some cash in your pocket for newer, more eco-friendly appliances.

The most cost-effective way of giving your kitchen a fresh new look is by repainting old cabinetry. Have all the cabinets cleaned and lightly sanded, then have a painter come in to spray them. Avoid to DIY this one; a couple of cans of spray paint from the hardware store just won't do the trick. A professional spray job can make your old cabinets look factory-new.



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### BATHROOM SANCTUARY

Whether you're investing in a deluxe spa or simply want to update the look of your bathroom, there are many ways to breathe new life into one of your home's most valuable assets.

Start by determining how much you

can afford to spend and the extent of the changes you can make. Simple cosmetic enhancements, such as new fixtures, a new basin, or a fresh coat of paint, can make a significant difference. Adding or replacing tiles will have a larger impact on your budget. Instead, why not consider replacing the grout and sealant around your shower or basin, you might be surprised at how much of a difference this can make.

Having your bath and basins professionally renovated is another cost-effective strategy to bring brightness back into the bathroom. If you have more to spend, focus on larger changes such as adding a bigger shower, or a window.

When updating your bathroom, don't forget to redesign with the environment in mind. Low-flow toilets, basins, and shower heads will not only help you conserve water, but will also save you money.

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### BEDROOM A LA DIFFÉRENCE

A great day begins with a great night's sleep. In fact, numerous studies have shown that inadequate sleep over time can shorten your lifespan, and trading sleep to cram more into the day increases your risk of developing serious medical conditions.

Crafted in South Africa, Sealy's la différence blends spectacular design, state-of-the-art features, and uncompromising attention to detail. The pocketed coil-in-coil spring technology intelligently responds to individual body weight, shape and sleep patterns, reducing partner disturbance and roll-together. Dual-Flex Hybrid foam seamlessly fuses the resilience of Latex foam with the pressure relieving properties of Memory Foam. A probiotic fabric regenerates and beautifies your skin.

If la différence's engineering and construction make it the perfect way to get your beauty sleep, and its elegant design makes it a beautiful centrepiece for any bedroom during the day.

For more information, please visit [www.sealy.co.za](http://www.sealy.co.za).



ABOVE: Unsurpassed luxury with a la différence from Sealy