

SANCTUARY BETWEEN THE VINEYARDS

Leeu Spa at Leeu Estates

Upon arrival at Leeu Spa, one already knows that you're in for a thrill. Greeted by scenic views of the Klein Drakenstein Mountains and the manicured vineyards it is set among, this spa is a true wellness sanctuary - offering authentic massages and holistic treatments by expert therapists.

With its location, shape and materiality intended to create a direct link with the breathtaking natural surrounding landscape, the design of Leeu Spa was conceived as the physical and emotional foundation of Leeu Estates. It is a space that encourages dialogue with nature - a concept of a sensory experience along

a sequence of spaces that express a sense of wellbeing.

Being welcomed by an intimate courtyard as you enter the oasis, the above is evident.

Flowing from the reception area, the building is divided into two main sections: the first being adjacent to the entrance. Here you will find four treatment rooms, including a premium suite, two couple's treatment rooms and one single

treatment room, a hair and nail salon, his and hers changing and steam rooms, and a plunge pool overlooking a tranquil lily pond where guests can indulge their senses in signature treatments such as The Summer Tree of Life Journey.

THE POWER OF TOUCH

With the touch of soft, elegant massage strokes performed with the reviving aromatic power of citrus



essential oils captured in luxurious shea butter blocks, the TheraNaka™ scrub gently polishes the skin to symbolise the renewed life associated with summer.

Native to Africa, baobab trees are commonly known as the “Tree of Life” with some of them living up to a thousand years or more and drawing inspiration from our majestic African heritage, this bespoke journey is a

revitalising boost that enhances both your physical and emotional wellbeing by awakening your senses and melting away the stresses of daily life.

Tailor-made treatments at Leeu Spa utilise only organic products from the Esse and TheraNaka™ ranges, and for manicures and pedicures, OPI nail polish and nail care products are used. A variety of treatments for children (aged six to 12) is also on offer.

A WELLNESS JOURNEY

The second main space in the wellness retreat is down a graceful staircase. This gentle descent is an enchanting journey between an extended courtyard filled with greenery and beautiful stone walls to the vine-surrounded crystalline pool. A luxuriously appointed sitting area serves as the spa’s serene relaxation area, and a striking fireplace is all that



stands between the guests and the 15-metre infinity swimming pool with magnificent views of the valley.

Also on the lower floor is the Leeu Gym. Catering exclusively to resident Leeu Collection guests, this spacious wellness room, equipped with the latest generation of TechnoGym fitness machines, offers framed views of the majestic mountains and Four

Quarters Vineyards. For the more venturesome, walkers, joggers and cyclists can take to the extensive network of trails that crisscross the rolling estate, hilly mountain slopes and banks of the river. Personal training and yoga on the manicured lawn are also available per request 24 hours in advance. The gym is open daily between 07h00 and 19h00.

Leeu Spa is open daily from 10h00 to 19h00. A minimum spend of R2,000 per person on treatments (excluding retail, food and beverages) is required for the use of the pool area for a maximum of two hours. However, all spa guests are welcome to use the steam room and plunge pool. Visit www.leeucollection.com for more information. ①