

# THE BEST BEAUTY SECRETS?

*Try these No-downtime Treatments*

Ask anyone in Hollywood about their best beauty secret, and there is a good chance that they will tell you it is all about drinking enough water. The thing is, while hydration is key to beauty and health, it is not the only way you can ensure great-looking skin.





There are many secrets to looking your best, and while proper hydration is essential, wrinkle-reducing injections and dermal fillers are two other liquids that can leave you looking great. Even if you're not keen on needles, Skin Renewal offers multiple no-downtime treatments that deliver brilliant results, whereafter you could easily go straight back to work, and nobody would be the wiser that you've just had an aesthetic treatment. They might notice a gorgeous glow, but only you will know that you have just invested in your skin.

#### **MEDICAL FACIALS**

Unlike a salon-style facial that merely involves the layering of products you might have on your nightstand, a medical facial uses cutting-edge machines and medical-grade products. One of Skin Renewal's most popular, is the HydraTouch facial, a brilliant multitasker that combines several treatments in one. It is the perfect treatment to get before a big event, to help you ensure that your skin is looking its best.

The HydraTouch facial begins with hydro-dermabrasion - a light exfoliation session using a jet stream of water. This is followed by a peel solution that'll leave you looking radiant, not red. Next,

your therapist will use a Transdermal Mesotherapy device, which also has a built-in Photodynamic therapy treatment. This works on skin rejuvenation. It emits gentle electrical pulses to painlessly deliver a hydrating serum deep into your skin. To finish, you can choose between a mega-moisturising mask, or a mask that will help you address a particular skin concern, be it acne or fine lines. Once completed, you will walk out looking refreshed and fabulous.

### PEELS

When many hear the word “peel”, they think of red, peeling faces that might make you want to hide. However, many of Skin Renewal’s most effective peels have very minimal downtime. You could easily leave the office with nothing more than a healthy-looking glow without the redness. One such treatment is Skin Renewal’s Beta Hydroxy Acid peel. A series of these is a great way to improve the look of fine lines and superficial pigmentation while reducing the potential for breakouts. After all, beta hydroxy acid is the only acid that can penetrate deep into your pores, leaving them clean and clear.

While your skin might look a little flushed immediately after the peel, this fades quickly, leaving your skin looking more radiant, and feeling noticeably softer to the touch. You could even apply make-up, then head straight back to work with nobody being any the wiser. This is just one of a few no-downtime peels on offer at Skin Renewal.

### LASERS

Many laser treatments are the ablative kind. This means they remove the top layers of your skin, and naturally, this will require downtime. However, non-ablative lasers are much less invasive. These pass through the surface of your skin without removing it to heat the tissue below. This stimulates new, fresh collagen production and can tighten the collagen and elastin

that exists, resulting in firmer, more youthful-looking skin. While you’d have to have a few treatments to see results, there is zero downtime.

Skin Renewal offers several non-ablative skin tightening lasers. Two of their most popular are Titan and Laser Genesis. With no downtime, these are truly “secret” treatments that would remain between you and your therapist.

### THE BOTTOM LINE

If you’re looking for great results, but want a real in-and-out experience with no downtime, you will find a solution to suit your needs at Skin Renewal. Should anyone ask you what your beauty secret is? You can decide to either tell them about Skin Renewal, or simply smile and say that you’ve been drinking lots of water.💧

